

# Vaccine Hesitancy

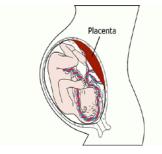
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#### The Basics

- Understanding the basics of immunity is needed in order to understand how vaccines work.
  - o Immunity is the ability of the body to tolerate material that is not part of itself and then eliminate that material.
  - Immunity is a state in which the body is protected from infectious disease.
- Immunity is either natural or artificial.
  - o Meaning the protection developed with or without intervention.
    - > Mother to baby transfer in the womb is a natural process.
    - > Vaccination is artificial immune protection.





#### **Vaccines and Vaccinations**

- Vaccine is a product that produces immunity from a disease.
  - Administered by needle injection, by mouth, or by nasal aerosol
- Vaccination is the injection of a killed or weakened organism that produces immunity in the body.
- Immunization is the process by which a person or animal becomes protected from a disease.



#### **Vaccinations are Primary Prevention**

Vaccination is one of the single greatest public health achievements of the last century.

- What is primary prevention?
  - Preventing the onset of disease before it happens
  - Reduction of the incidence of disease
  - Lessening the burden (effects) of the cost of the disease
    - interventions that are applied before there is any evidence of disease or injury





## **Vaccination Myths**

- Natural is better. We shouldn't put foreign substances like vaccines into our bodies.
- I'm breastfeeding, so my baby is protected from infections.
- Thimerosal in vaccines causes autism.
- It's not safe to get a flu shot while I'm pregnant.
- I'm better off taking my chances. I never get the flu anyway.
- Flu shots don't really work. I got the vaccine and still got the flu.
- I got the flu from the flu shot.
- The flu shot made me sick.
- It's a government conspiracy.





# Do vaccinations actually work?

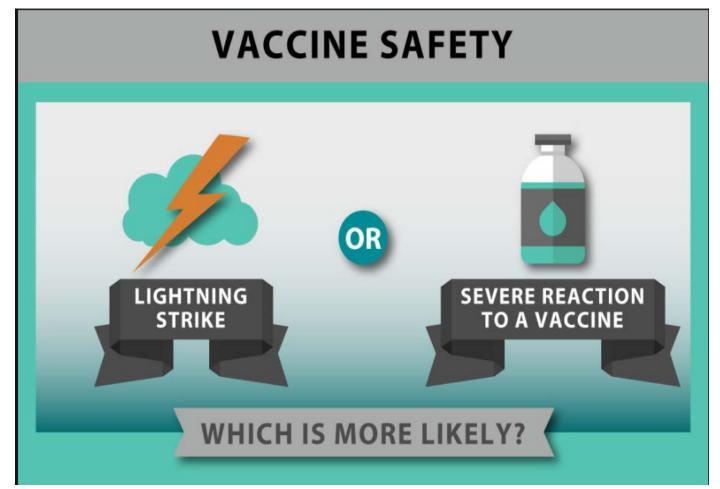
#### YES!!!!

- No medicine is perfect but most childhood vaccines produce immunity about 90-100% of the time.
- Some may argue that diseases are going away on their own because of better hygiene or sanitation.
  - Better hygiene and sanitation can help prevent the spread of disease, but the germs that cause disease are still around.
  - o As long as germs exist, they will continue to cause disease.
  - o "I give my child pro-biotics, so they will not catch the flu."



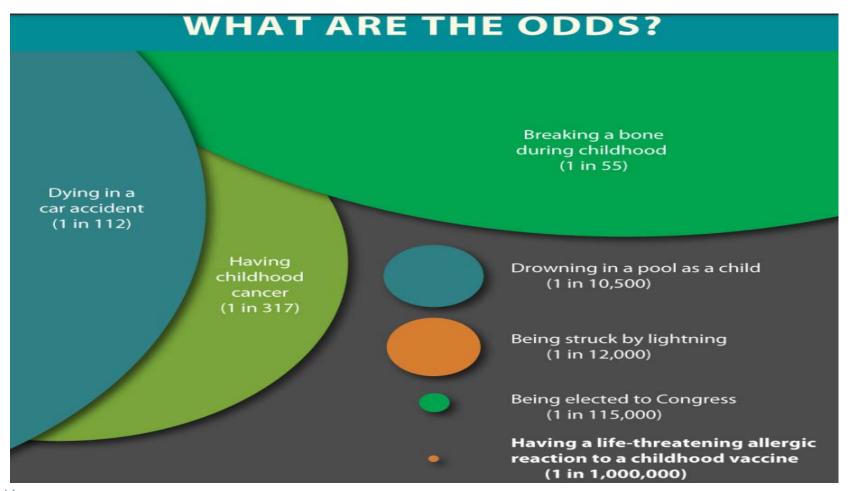


#### Are vaccines safe?





#### **Adverse Reactions to Vaccines**





# **Vaccine Hesitancy**

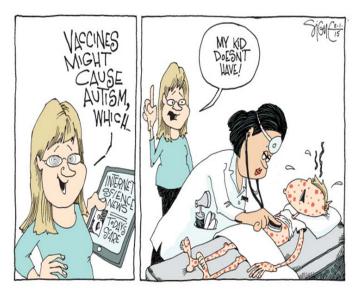




## **Vaccine Hesitancy**

Vaccine hesitancy is a complex and dynamic issue.

- Many factors contribute to a persons decision not to vaccinate themselves or their children.
  - Convenience of getting to the vaccine
  - Positive attitude along with the knowledge of the provider greatly impact decision making
  - o Individual's understanding





## **Talking to Your Friends**

- Be confident in your knowledge about vaccinations
- Share personal stories
- Talk about how well they work (efficacy)
  - Helps to maintain heath
- Continued engagement
- Children who are exempted from vaccination are not only at greater risk of developing vaccine-preventable disease but also put vaccinated children and medically exempt children who live in the same area at risk.

**SO.....** 



# **Protecting Your Community**

Those individuals are not just making a choice for themselves but for the community in which they live.

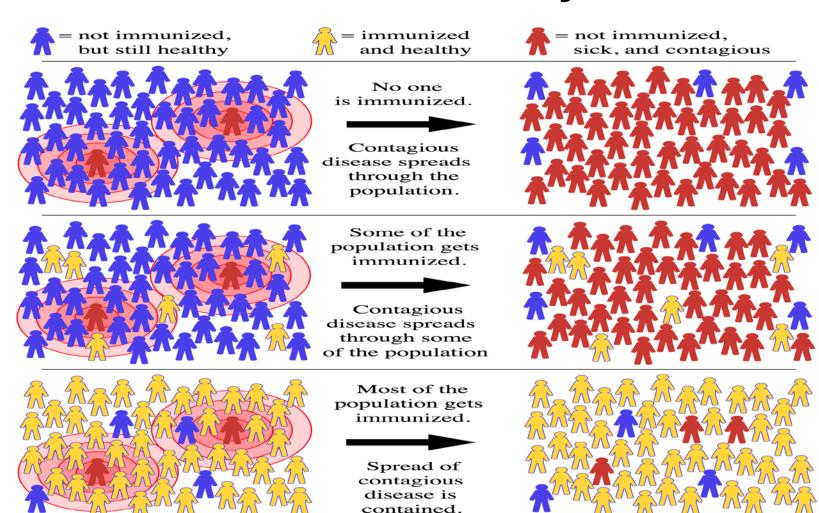
- Protect the vulnerable population
  - o Elderly
  - o Babies
  - o People with medical conditions







## **Herd Immunity**





# **Questions?**











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