LAKE COUNTY
Investing in People
and Our Communities

LCHD/CHC Behavioral Health Services

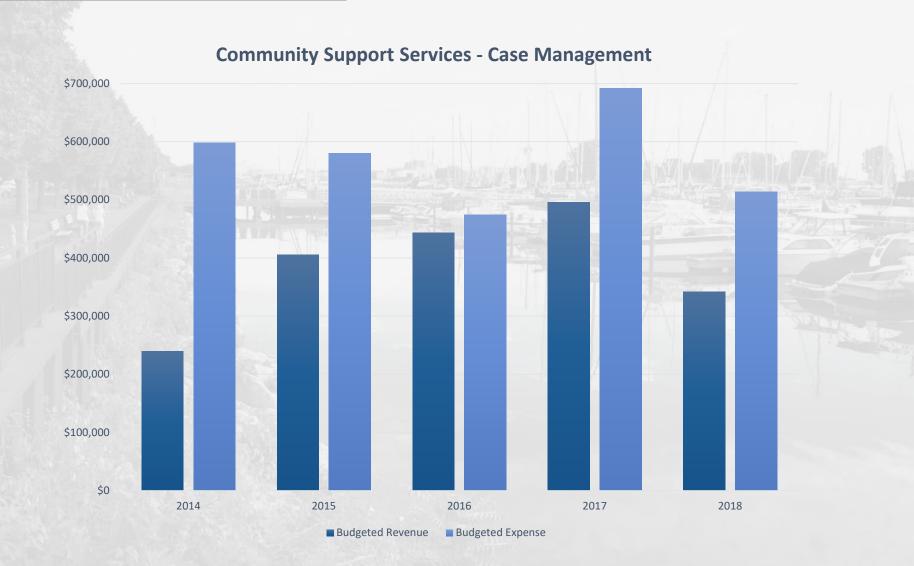
August 7, 2018



Community Support Services – Case Management

- Comprehensive support services for adults with chronic mental illness. The majority of the services are provided in the community.
- Many clients participate in program for several years.
- Requires a severe mental illness.
- Clients served in 2017: 143.
- Payer mix: 85% Medicaid/MCO, 14% Uninsured.
- Due to state budget cuts, staffing reductions have occurred. Combined with lengthy client participation, there is often a waiting list. Currently, 13 on waiting list; and most wait about 3 months.

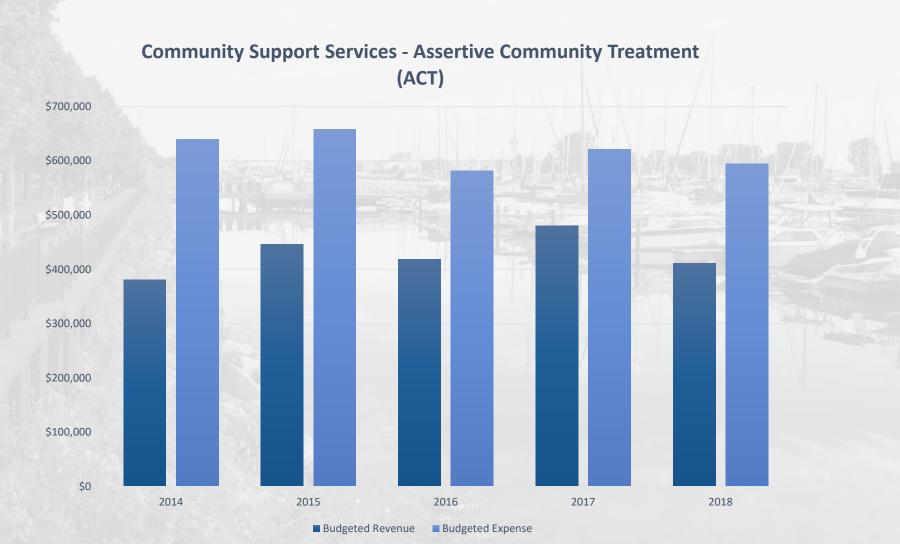
Community Support Services – Case Management



Community Support Services – Assertive Community Treatment (ACT)

- Intensive case management utilizing a team-based approach for adults with serious and persistent mental illness. Most services provided in the community.
- People usually participate in this program for years. State regulations dictate how many clients can be added or be discharged from the program in a year.
- Requires a severe mental illness and high need, such as multiple hospitalizations, arrests, chronic homelessness. State must approve ACT services.
- Clients served in 2017: 56.
- Payer mix: 86% Medicaid/MCO, 14% Uninsured.
- Currently has openings and potential clients are being assessed for eligibility. When program is full the wait can be long because of long lengths of stay.

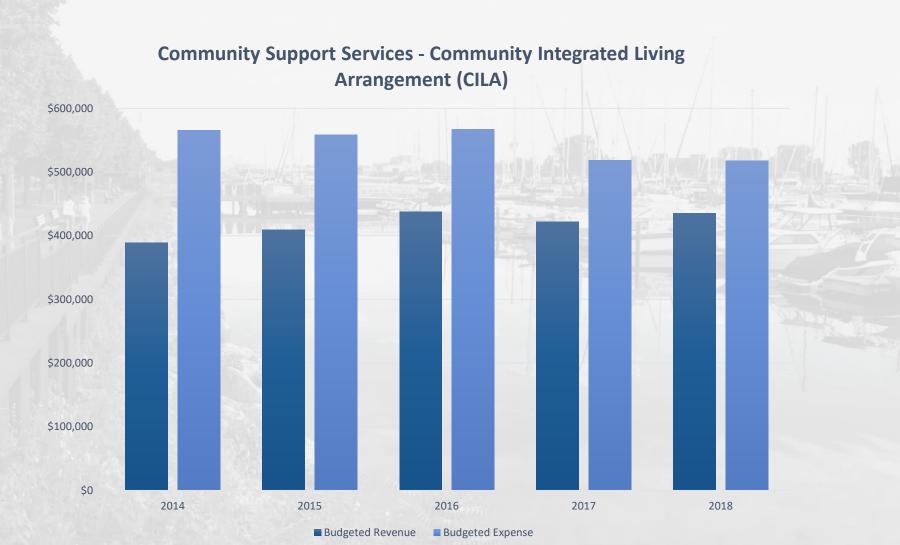
Community Support Services – Assertive Community Treatment (ACT)



Community Support Services – Community Integrated Living Arrangement (CILA)

- CILA is a 24-hour supervised apartment program in the community for chronically and persistently mentally ill adults. The purpose of the program is to provide a cost effective alternative to nursing homes and intermediate care facilities.
- CILA program is permanent housing so clients participate in program for years.
- Client must have a chronic, mental health diagnosis.
- Clients served in 2017: 19
- Payer mix: 98% Medicaid/MCO, 2% Uninsured.
- We do not maintain a waiting list as it is very rare for there to be an opening in this program.

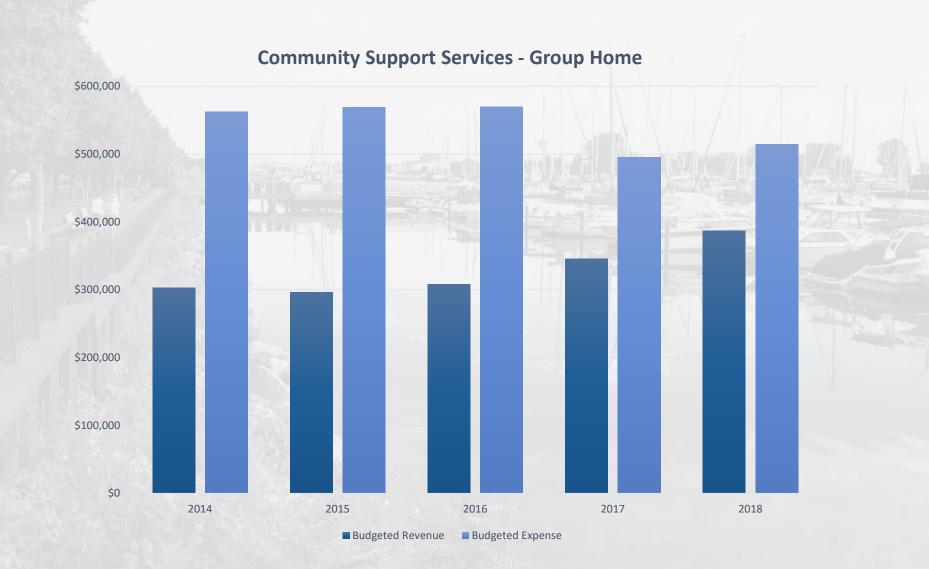
Community Support Services — Community Integrated Living Arrangement (CILA)



Community Support Services – Group Home

- The Group Home is a supervised living arrangement for up to 14 adults with chronic mental illness. The program provides services designed to improve interpersonal skills, coping skills and daily living skills that enable individuals to live in a less structured environment.
- Length of stay is 6 to 9 months.
- Clients must suffer from a chronic mental illness.
- Clients served in 2017: 39.
- Payer mix: 85% Medicaid/MCO, 15% Uninsured.
- There are currently 4 individuals on the waiting list. On average it takes 4 to 6 months to start receiving services.

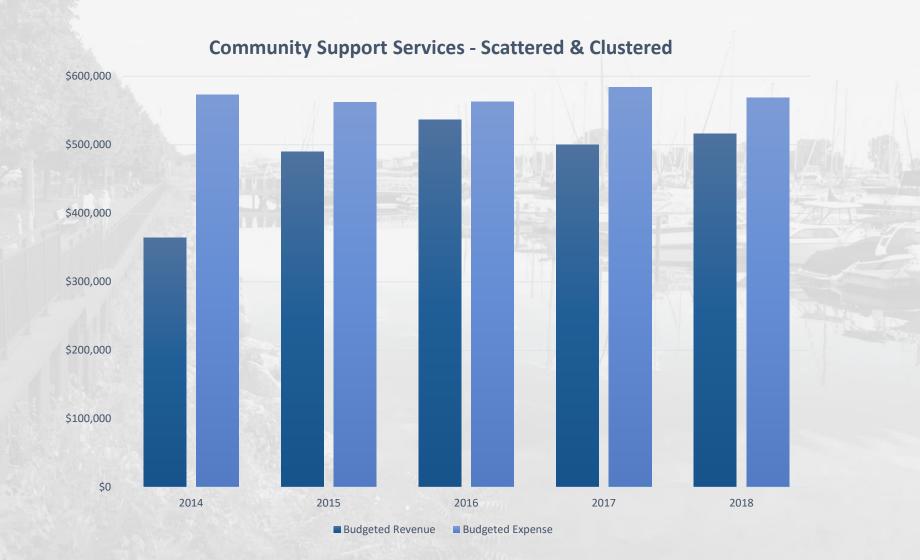
Community Support Services – Group Home



Community Support Services – Scattered and Clustered

- Two supportive apartment programs designed to promote independence in daily living. They provide housing, support services, group and individual counseling and case management services for adults with mental illness. These services are provided seven days a week.
- Individuals stay in the Scattered Apartment program for 2 to 3 years. Clustered Apartment program is permanent housing.
- Clients must have a chronic mental illness.
- Clients served in 2017: 66.
- Payer mix: 86% Medicaid/MCO, 12% Uninsured.
- Currently the program is full and has a waiting list of 3 people.

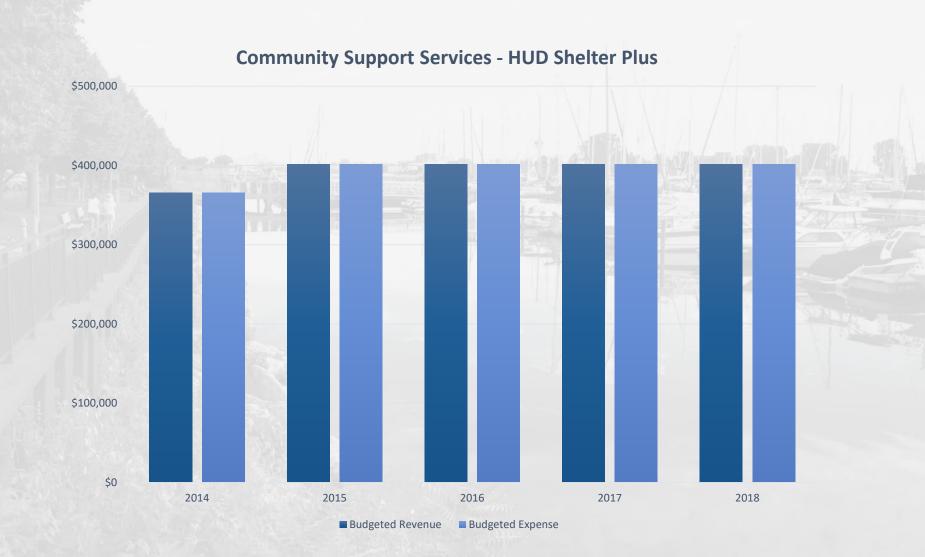
Community Support Services – Scattered and Clustered



Community Support Services – HUD Shelter Plus

- A rental assistance program for homeless, disabled individuals and families funded by the Department of Housing. All participants receive long term case management services.
- The HUD program is permanent housing, so clients participate in the program for years.
- The program serves Lake County residents who are homeless (defined by HUD) and suffer from mental illness.
- Clients served in 2017: 50.
- Payer mix: 86% Medicaid/MCO, 12% Uninsured.
- We do not maintain a waiting list as it is very rare for there to be an opening in this program. HUD will take referrals on an ongoing basis from Lake County coordinated entry list.

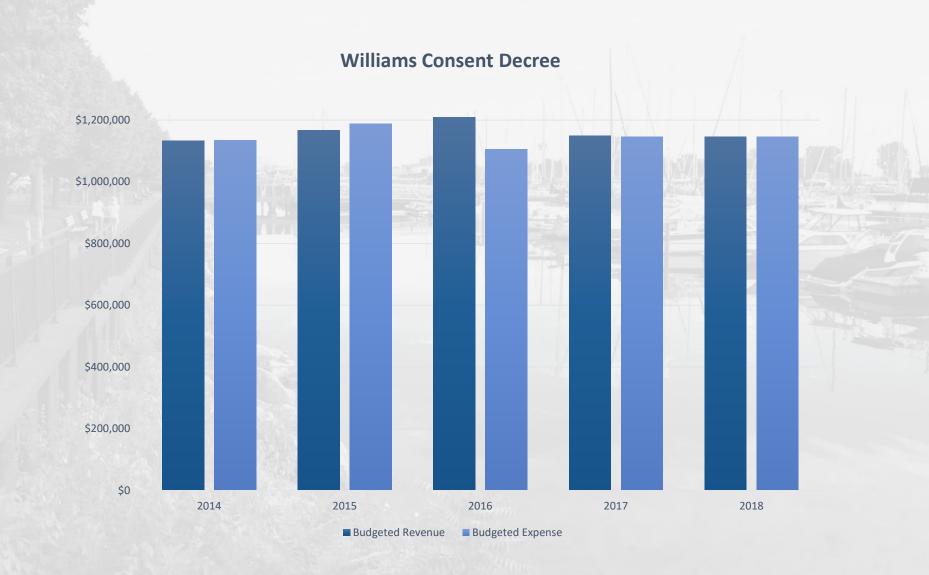
Community Support Services – HUD Shelter Plus



Williams Consent Decree

- The WCD program assists qualifying adults with mental illness to be moved from state-funded facilities into communities where they can live independently with professional support.
- Williams Class members receive daily case management from an ACT team, and have access to two Drop-In centers in Waukegan and Zion.
- People usually participate in this program for years. State regulations dictate how many clients can be added or be discharged from the program in a year.
- Requires a severe mental illness and high need, and state approval.
- Clients served in 2017: 69. There were 966 visits to the Waukegan Drop-In center in 2017.
- Payer mix: 98% Medicaid/MCO, 2% Uninsured.
- There is no waiting list; the WCD ACT program is not open to the public.
 The state identifies qualified individuals and assigns them to the program.

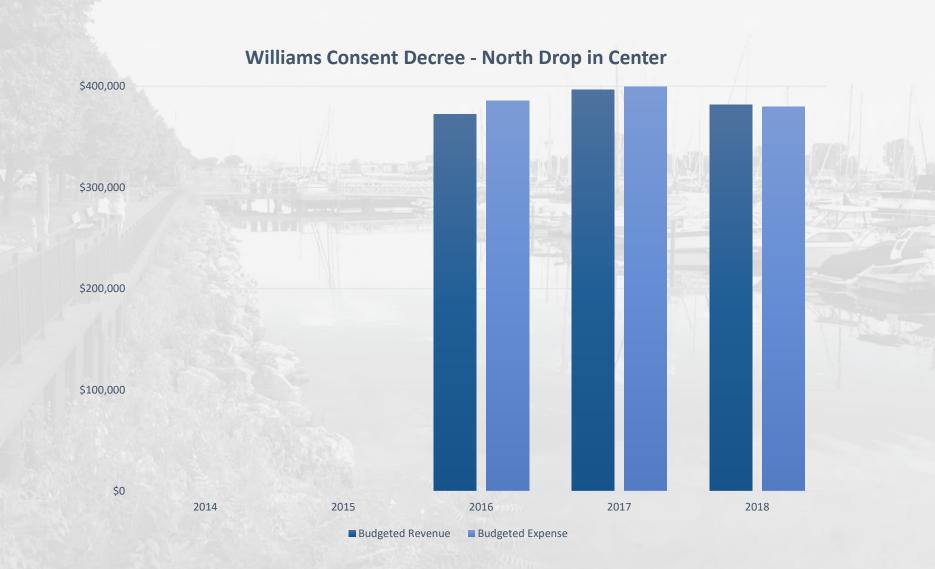
Williams Consent Decree



Williams Consent Decree – North Drop-In Center

- The Williams Consent Decree North Drop-In Center is an expansion of the Williams Consent Decree program.
- Access to consumer-run Drop-In center in Zion is provided for Williams Class members and any community member experiencing mental health and/or substance abuse issues.
- A drop-in center is a place for people to come to during the day to be around other people with similar issues and work on recovery together.
- There is no professional treatment provided. There are self-help groups and positive social activities.
- There were 707 visits to the Zion Drop-In center in 2017.

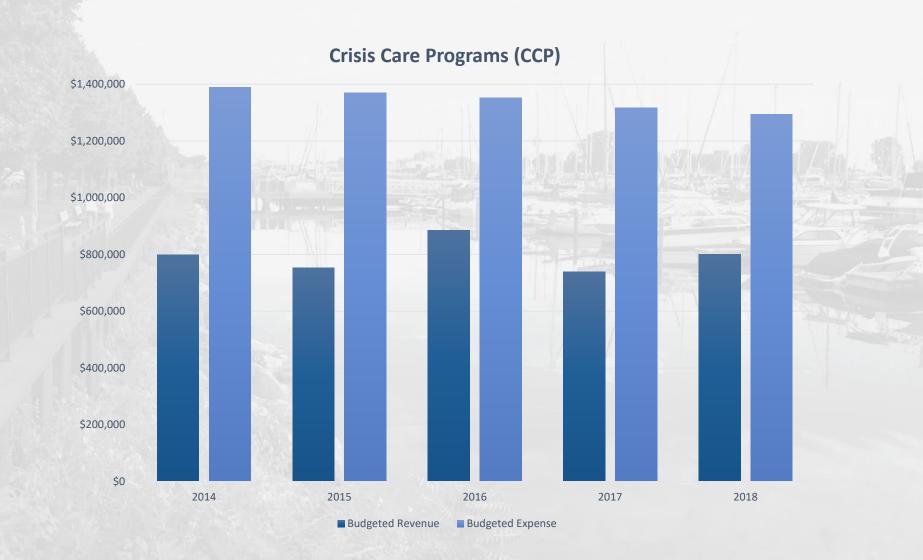
Williams Consent Decree – North Drop-In Center



Crisis Care Programs (CCP)

- Telephone and in-person crisis counseling 24/7/365.
- Conducts telephone screening and finds placement for "A Way Out" clients.
- Evaluates unfunded adults in Lake County emergency departments needing inpatient psychiatric care.
- The 8-bed Respite provides residential crisis services for adults experiencing a mental health crisis (averaging a 50% occupancy rate). Length of stay is about one week. Clients must meet eligibility (e.g., cannot be severely intoxicated).
- Substance abuse by itself does not qualify for Respite admission per state regulations.
- In 2017 CCP provided these services:
 - 3,616 crisis calls
 - 778 face-to-face crisis assessments
 - 223 admissions to Respite
- Payer mix for Respite admissions: 66% Medicaid/MCO, 34% Uninsured.
- There is not currently a waiting list. The phone line and walk-in counseling are available any time, day or night. If Respite were to be full, then people would go on a waiting list of no more than a few days because of the short lengths of stay.

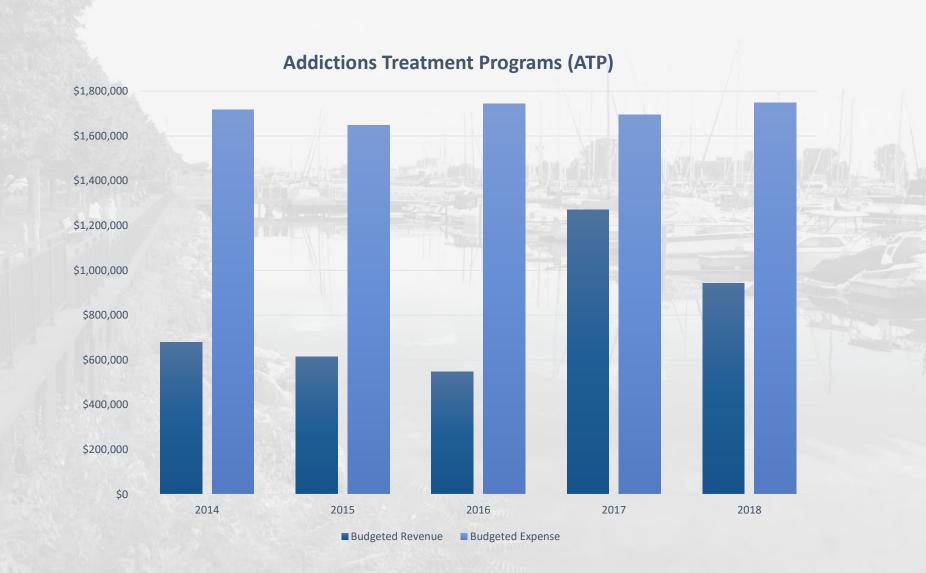
Crisis Care Programs (CCP)



Addictions Treatment Programs (ATP)

- ATP Provides medically-monitored Detoxification and Rehabilitation from alcohol and drugs for addicted individuals.
- Detox stays are 4 to 6 days and Rehabilitation stays are 28 days.
- ATP is licensed for 16 Rehab beds and 6 Detox beds.
- Clients served in 2017: 477.
- Payer mix: 41% Medicaid/MCO, 3% Uninsured.
- ATP currently completes approximately 130 phone intakes per month and one-third of those clients are admitted within 30 days.
- "A Way Out" clients receive preference for open ATP beds.
- Payer mix: 53% Medicaid/MCO, 47% Uninsured.

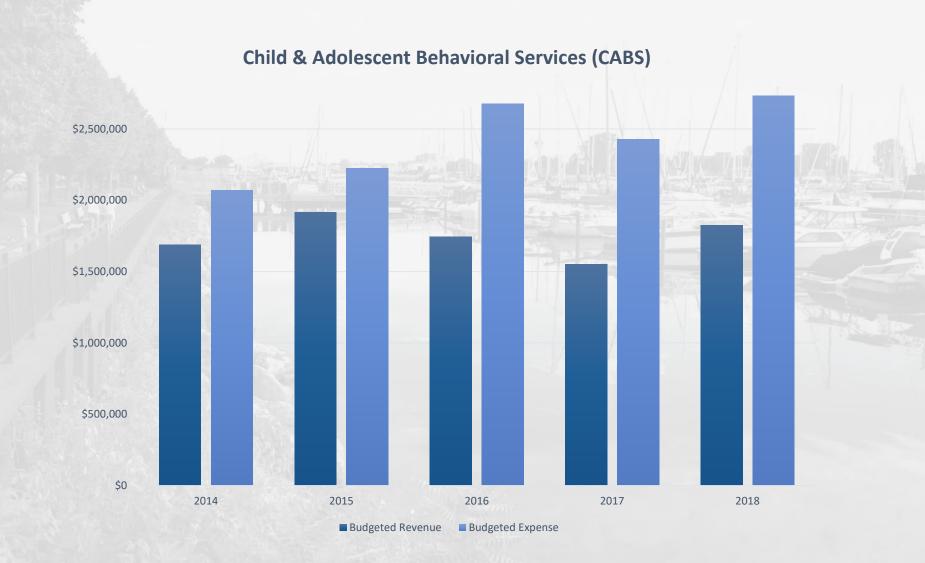
Addictions Treatment Programs (ATP)



Child and Adolescent Behavioral Services (CABS)

- CABS provides crisis counseling, crisis assessments, individual, family, and group therapy; case management, psychiatric services, trauma services, community support and consultation for individuals under the age of 21. CABS provides crisis assessments 24 hours per day 365 days per year.
- The length of stay for CABS clients is 6 to 9 months.
- The clients must have a mental health diagnosis.
- Clients served in 2017: 1,675.
- Payer mix: 72% Medicaid/MCO, 1% Uninsured.
- Currently there are 54 individuals on the waiting list for counseling services. It is approximately a 3 month wait for counseling services. There is currently a 45 day wait for new clients to see a psychiatrist.

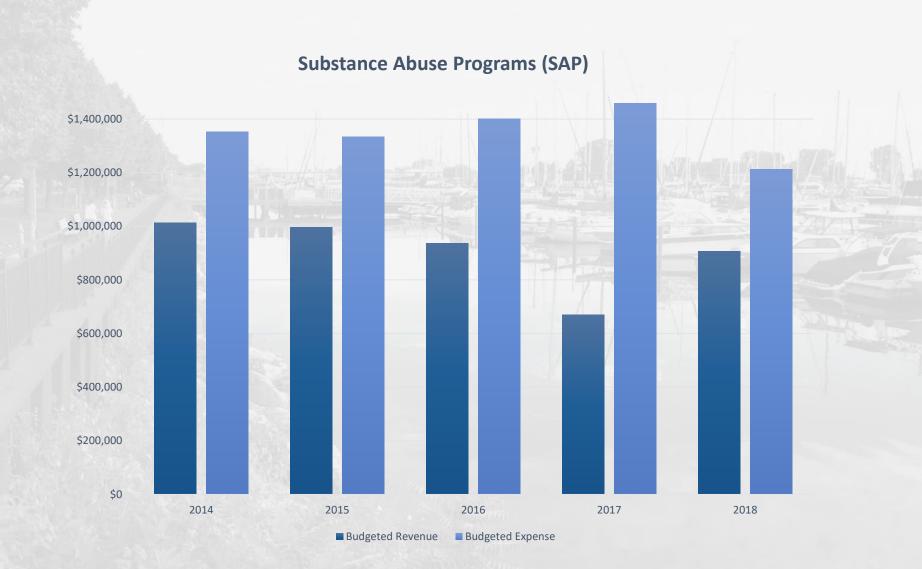
Child and Adolescent Behavioral Services (CABS)



Substance Abuse Program (SAP)

- SAP provides a range of outpatient counseling services to adults with substance abuse issues. These services include psychiatry, Medication Assisted Treatment, individual counseling, intensive outpatient groups, aftercare groups and case management.
- The length of stay in the program varies depending on specific treatment modality. Stays in the program range from 8 weeks to several years.
- SAP funding has priority populations such as Pregnant women, IV Drug users,
 DCFS involved parents and Veteran status. SAP also gives preference to the Lake
 County court system and "A Way Out" clients.
- 805 individuals were served through DASA/SUPR contracts in 2017.
- 237 individuals were served in the FQHC MAT grant in 2017.
- Payer mix: 54% Medicaid/MCO, 39% Uninsured.
- Methadone currently has 24 individuals on the waiting list with about a one year
 wait time as we are only licensed for 90 unduplicated clients. Medication Assisted
 Treatment has 25 people on the waiting list with a wait time of six months. If MAT
 services had additional provider and counseling time, the wait list could be
 eliminated. Intensive Outpatient program has two people on the wait list with
 approximate wait time of 30 days.

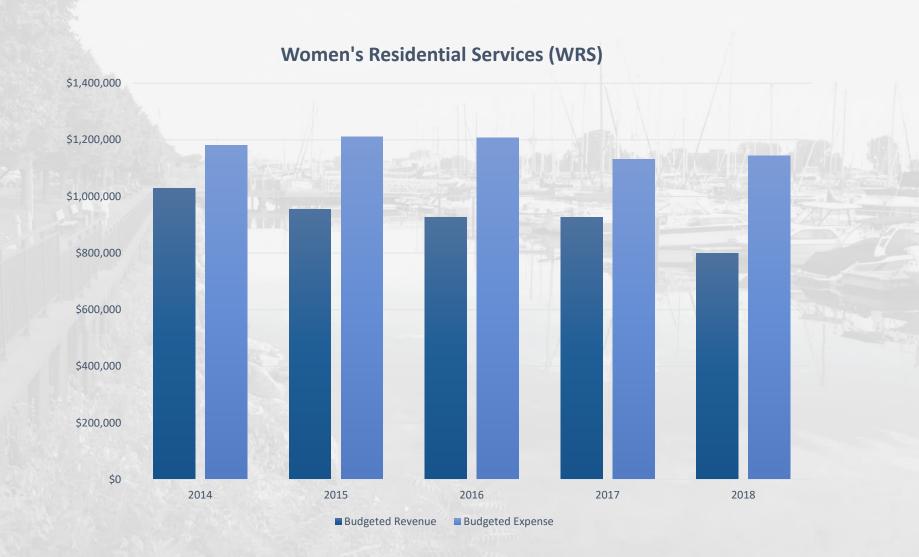
Substance Abuse Program (SAP)



Women's Residential Services (WRS)

- WRS is a 16 bed residential rehabilitation program for chemically dependent women.
- Length of stay at WRS ranges from 28 days to 60 days.
- Priority is given to pregnant and parenting women, and IV drug using women.
- Clients served in 2017: 135.
- Payer mix: 37% Medicaid/MCO, 59% Uninsured.
- Currently there are 10 women on the waiting list.
 The average time spent on the waiting list is about 14 days.

Women's Residential Services (WRS)

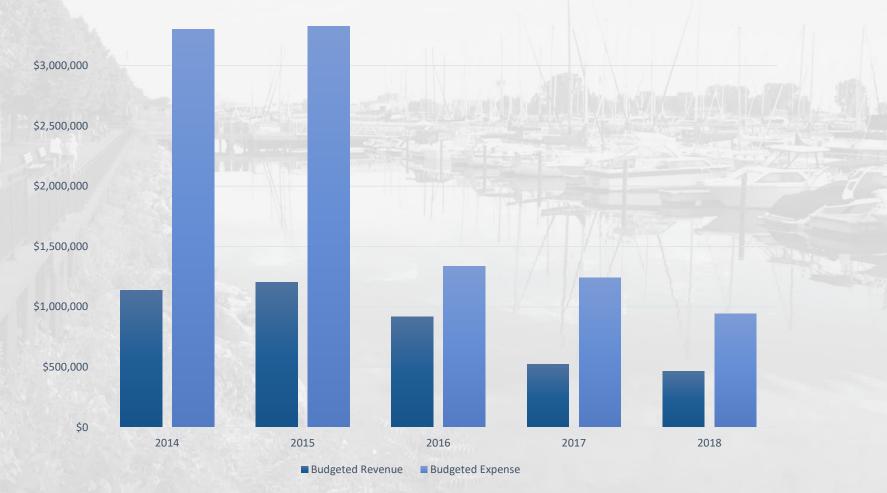


Adult Mental Health Outpatient Services – Waukegan

- This program provides assessment, psychotherapy, and psychiatric medication treatment in an office-based setting to adults with severe and persistent mental illness.
- People often stay in therapy 1-3 years; psychiatry clients may stay many years for medication treatment.
- Requires a qualifying diagnosis of mental illness as defined by the state.
- Five (5) hours of psychiatry time are set aside each week to expedite referrals from Probation and the Jail.
- 1,376 therapy clients were served in 2017.
- 3,242 psychiatry patients were served in 2017.
- Payer mix: 76% Medicaid/MCO, 14% Uninsured.
- Clients can be seen for an intake assessment by a counselor within 1-2 weeks.
 Starting therapy takes another 2-4 weeks due to full schedules; starting with a psychiatrist for medication takes about five months from the assessment date, because of the large volume and limited number of psychiatrists.

Adult Mental Health Outpatient Services – Waukegan





Adult Mental Health Outpatient Services – Libertyville

- This program provides assessment, psychotherapy, and psychiatric medication treatment in an office-based setting to adults with severe and persistent mental illness.
- People often stay in therapy 1-3 years; psychiatry clients may stay many years for medication treatment.
- Requires a qualifying diagnosis of mental illness as defined by the state.
- 663 therapy clients were served in 2017.
- 896 psychiatry patients were served in 2017.
- Payer mix: 72% Medicaid/MCO, 13% Uninsured.
- Clients can be seen for an intake assessment by a counselor within 1-2
 weeks. Starting therapy takes another 2-3 weeks due to full schedules;
 starting with a psychiatrist for medication takes about three months from
 the assessment date, because of the large volume and limited number of
 psychiatrists.

Adult Mental Health Outpatient Services – Libertyville

