

## Mental Health Stigma

Beliefs	<ul style="list-style-type: none"><li>Fear</li><li>Hate/disgust</li><li>Devaluation</li><li>Low tolerance</li><li>Embarassment</li><li>Judgement</li></ul>
Behaviors	<ul style="list-style-type: none"><li>Separation</li><li>Cruelty/Violence</li><li>Discrimination</li><li>Victimization</li><li>Over-control</li><li>Ignore/minimize</li><li>Punitive</li></ul>
Impact	<ul style="list-style-type: none"><li>People don't seek treatment</li><li>Loss of self-determination</li><li>Isolation</li><li>Discrimination</li><li>Unemployment</li><li>Marginalization</li><li>Violence</li></ul>