



Updates at Lake Behavioral Hospital

Presented by Katie Monahan, Interim Director of Business Development

Who is US Healthvest?

- An innovative behavioral healthcare company redefining the psychiatric hospital space
 - De novo strategies and acquisitions of operating facilities with unrealized potential are the core of the US HealthVest business model.
 - Each hospital is structured to offer multiple service lines in order to serve the needs of specific patient population groups.
- Bringing resources to underserved communities
 - A mix of new construction and renovated hospitals bring psychiatric and substance abuse care to the community
 - Develop an array of specialized programs in response to community need
 - Partner with existing medical providers to expand services and improve access to care
- Experienced leadership
 - Dr. Richard M. Kresch, President and Chief Executive Officer, founder of Heartland Health Developments and Ascend Health
 - Leadership team with longevity and experience in the psychiatric hospital arena with three companies for twenty years.



- 138-bed behavioral hospital
- Des Plaines, IL



-
- Acquired existing psychiatric facility in November 2014 from Maryville Academy (an agency of the Archdiocese of Chicago); renamed Chicago Behavioral Hospital (CBH)
 - Was in need of management oversight, expense control, and marketing
 - FY 2013 (\$4.2) million loss – brought to profitability in 6-months by USHV
 - US HealthVest committed to continuing Maryville's history of youth patients and hiring existing staff
 - Inpatient 85,000 sq. ft. hospital licensed for 138 beds
 - CON regulations provides for 10% increase in bed capacity every two years – allowing facility to meet the needs of the community
 - Serves adolescent, adult and geriatric patient populations



- 148-bed behavioral hospital
- Smyrna, GA (suburb of Atlanta)



Ridgeview Institute, a private hospital treating people with addiction or mental health problems, has earned a national reputation for care and service. Since 1976, more than 70,000 people have turned to Ridgeview in crisis, in despair, and in hope. At our quiet campus in suburban Atlanta, patients and their families find cost-effective, highest-quality treatment, grounded in the experience and compassion of our clinical leaders and staff. Through a comprehensive array of programs, we serve youth, young adults, adults, older adults, professionals who need intervention, and women affected by eating disorders or trauma.

- Acquired in January 2017
- 148-bed cottage style facility
- Long-standing and active alumni program
- Holds Certificate of Need for 216 beds



- 70-bed behavioral hospital
- Monroe, GA (suburb of Atlanta)



Ridgeview Institute – Monroe is located in the eastern suburbs of Atlanta and is operated as part of the regional network of Ridgeview facilities including Ridgeview Institute – Smyrna. The hospital project involved the demolition and transformation of the former Walton Regional Medical Center into an 86,000 square foot, state-of-the art psychiatric hospital. The three-story hospital was designed to provide open spaces with daylight and direct views of nature, enabling for a safe and therapeutic environment. Shared amenities include activity rooms, therapy spaces and a dining area, along with indoor and outdoor recreational activity spaces.

- Opened in January 2017
- 86,000 sf three story facility
- Third-floor shell space allows for future growth
- 70 beds

SMOKEY POINT BEHAVIORAL HOSPITAL

- 115-bed behavioral hospital
- Marysville, Washington
- Opened June 2017



Smokey Point Behavioral Hospital is a 115-bed psychiatric hospital that provides a full continuum of inpatient and outpatient psychiatric care to patients of all ages. The facility is the first new psychiatric hospital to open in Western Washington in over 80 years. Located in the northern suburbs of Seattle, the hospital provides behavioral health and addiction treatment services to with a full range of specialized programs including integrated healing practices for Native Americans.

- 70,000 sf two story facility
- \$22M de novo development project
- Opened in June 2017
- 115 beds

Silver Oaks Behavioral Hospital



- **Joint venture with Silver Cross Hospital – Silver Oaks Behavioral Hospital**
 - 4 acre parcel on Silver Cross campus in New Lenox, IL
 - 100-bed hospital / 68,000 square feet
 - 4 nursing units
 - Silver Cross to contribute existing 20 psych beds to JV hospital



- **Milestones / Timeline**
 - Jun 2017 - 100-bed CON approved
 - Nov 2018 - site work started
 - Jan 2018 - construction started
 - Jan 2019 - hospital opening

LAKE



Behavioral Hospital

- 146-bed behavioral hospital
 - 46 beds in operation
 - 100 beds under development
- Waukegan, IL



-
- US HealthVest acquired Vista Medical Center West from Quorum Health Corporation (NYSE: QHC) in March 2018.
 - Renamed Lake Behavioral Hospital, which carries a CON for 46 inpatient psychiatric beds.
 - US HealthVest was granted a CON for 100 additional inpatient psychiatric beds.
 - US HealthVest will invest \$30 million to construct a new 146- bed hospital on campus, expected to open in the fall of 2019
 - Lake Behavioral Hospital will continue to operate existing 46 psychiatric beds during construction of the new 146-bed, 88,000 square foot hospital
 - Lake Behavioral Hospital will provide a full continuum of specialized psychiatric care to patients of all ages

What to Expect at Lake Behavioral Hospital

- 24/7 intake department
- Free, efficient, confidential assessments
- Insurance check & pre-certification
- Expansive treatment continuum
- Individualized communication plan
- Effective discharge planning
- Acceptance of major insurance plans
- Convenient location



Program Availability

Inpatient Hospitalization

- Inpatient treatment for adults (18+) experiencing mental health disorders:
 - Suicidal Thoughts
 - Depression
 - Anxiety
 - Bipolar Disorder
 - Schizophrenia
 - PTSD
 - ADHD.
- Specialty program available for Older Adults (55+)
 - 10-bed geropsych unit

Intensive Outpatient Program

- A full continuum of care for adult patients after inpatient treatment or another option for patients who do not need inpatient treatment.
- For Adults—*3 hours per day, 5 days a week*
 - Mental Health
 - Addiction
 - Anxiety
 - Depression
 - Dual Diagnosis
 - PTSD
 - Trauma

Program Features

- A safe environment
- Psychiatric evaluation
- Medication assessment, initiation & stabilization
- Education on how to manage your illness
- Opportunity to help patients understand their symptoms with their peers
- Group therapy classes centered on emotion regulation, seeking safety and mindfulness
- Crisis Safety Planning
- Discharge planning with a master's level therapist to help patients connect with resources in the community for on-going support

24/7 Access

- Compassionate, skilled, masters-level clinicians are available 24 hours a day, 7 days a week for a phone or walk-in consultation
- Our clinicians are always available to discuss our programs, insurance and answer any questions
- Our assessment involves:
 - A free, confidential, face-to-face interview with no obligation
 - A discussion of current issues experienced and their effect on those around the patient and their family
 - An explanation of insurance benefits and the cost of treatment by a financial counselor
 - A discussion of the patient's individualized recommended treatment plan with the clinician and family
- After we determine the level of care a patient needs together, they can enter a LBH program or we will provide resources in the community that can help manage his or her behavioral health

How to Refer - Call our 24/7 Intake Line with the following information:

➤ **Clinical**

- Presenting problems
- Behavioral health symptoms
- Diagnosis
- History of behavioral health issues

➤ **Demographic**

- Name & Date of Birth
- Home address & Phone number
- Emergency Contact name and number
- Social Security number
- Primary and secondary insurances

➤ **Treatment History**

- Name and Phone Number of current behavioral health provider (if applicable)
- Summary of any previous hospitalizations

➤ **Medical**

- Current medical conditions
- Current medications
- Allergies
- Recent lab work
- Treatment notes or recent progress notes
- Name and phone number of primary care physician

Thank You

For more information, please contact:

Katie Monahan
Interim Director of Business Development



kmonahan@lakebehavioralhospital.com

Direct: 224-480-9215

Intake: 847-360-2017

www.lakebehavioralhospital.com