# CHRISTINA R. CERK

# **Objective**

Seeking a position as a therapist where I can utilize my 30+ years of experience in mental health and chemical dependency treatment

# **Experience**

#### URBAN BALANCE

Affiliate Clinician (May 2018 – present)

# LAKE COUNTY HEALTH DEPARTMENT- ADDICTIONS TREATMENT PROGRAM

# Program Coordinator (2000 - April 2017)

Responsible for planning, organizing, and overseeing the supervision and evaluation of a 24-bed inpatient chemical dependency unit. The unit included a medically monitored detox and short-term residential rehabilitation program. Responsible for developing the philosophy and strategies involved in the delivery of services. Supervised a multidisciplinary staff consisting of counselors, nurses and clerical staff.

#### LAKE COUNTY HEALTH DEPT – CRISIS CARE PROGRAM

#### Interim Program Coordinator (Nov. 2012 –Sept. 2013, Jan. 2015 – Oct. 2015)

Responsible for planning, organizing, and overseeing the supervision and administration of an inpatient psychiatric respite unit and a 24 hr. crisis line. Supervised a staff of 15 counselors.

# LAKE COUNTY HEALTH DEPARTMENT, ALCOHOLISM TREATMENT CENTER

# Clinical Coordinator (1986 – 2000)

Supervised a staff of 13 counselors. Was responsible for the teaching and supervision of clinical skills. Supervised the clinical and administrative functioning of an inpatient unit for chemically dependent clients and a women's intensive outpatient program that included childcare services for the clients' children.

#### LAKE COUNTY ALCOHOLISM TREATMENT CENTER

# Outpatient Coordinator (1984 - 1986)

Responsible for the organization, delivery, supervision, evaluation of the outpatient services modality of a chemical dependency program. Supervised a staff of two outpatient therapists. Maintained a caseload of 25 clients.

#### LAKE COUNTY SUBSTANCE ABUSE PROGRAM

# Counselor (1980 – 1984)

Conducted individual, group, and family counseling. Performed substance abuse evaluations and intake interviews. Facilitated outreach services to high-risk adolescents in the public school system. Provided casework and counseling services to adult methadone patients.

# CHATEAU WAUKEGAN, INC.

### Social Services Director (1977 – 1980)

Responsible for planning and overseeing a social service program for a residential intermediate care psychiatric facility. Supervised a staff of six caseworkers. Oversaw the therapeutic recreation and social rehabilitation programs.

#### **GRACE CONVALESCENT HOME**

Geriatric Social Worker (1976 – 1977)

Designed and facilitated a social services program for a nursing home and assistea living program. Met with residents' families and served as a referral source.

### CHATEAU WAUKEGAN, INC.

Social Rehabilitation Caseworker (1975 – 1976)

Provided counseling and casework services to seriously mentally ill clients in a residential intermediate care facility.

# **Education**

#### NORTHERN ILLINOIS UNIVERSITY

Bachelor of Sciences in Family Services, 1975

#### TRINITY UNIVERSITY

Master of Arts in Counseling Psychology, 1984

Professional	
<b>Affiliations</b>	

Certified Alcohol and Other Drug Abuse Counselor, Certificate #3080

Licensed Clinical Professional Counselor, License #180-001800

**Interests** 

Gardening, singing, playing piano, Qigong and Yoga

Volunteer activities

Human Services Advisory Committee - College of Lake County

Docent – Bess Bower Dunn Museum – Lake County Forest Preserve

References available upon request.