



Leveraging passion and experience to inspire others to embrace a mindset of continuous learning and growth and to be guardians of the earth. A proven track record in communication, program design, and facilitation focusing on skill development and the practical application of the newly acquired skills for leaders, teams, and individuals.

Professional experience

2022 – Current Aull Nature Preserve Knollwood, IL
Co-Founder & President

A 501c3 working to restore and preserve a healthy wetland ecosystem that will; hold and filter stormwater, provide a habitat for wildlife, and preserve green space in the community.

2015 – Current Lake Forest Graduate School of Management Lake Forest, IL
Faculty

Design and facilitate interactive, in-person and online training programs to mid-sized and large corporations on the topics of leadership, teams, and career development.

2014 – Current Aull About U Lake Bluff, IL
Performance Improvement Facilitator

Design and facilitate learner-centered, performance-based training programs on the topics of leadership, teams, and career development. Programs focus on allowing learners to unlock mastery and apply skills vital to achieving optimal performance results.

2004 – 2017 CDW Vernon Hills, IL

12/08 – 12/17, Manager Organizational Capability

Responsible for partnering with content experts and stakeholders to develop, implement, and evaluate educational initiatives, change programs, and interventions for leaders, teams, and individuals across the organization.

12/05 – 12/08, Learning & Development Manager

Managed the Learning and Development department's strategic direction and vision for onboarding Sales New Hires at CDW. Lead and developed a team of 24 coworkers to oversee key department initiatives.

04/04 – 12/05, Corporate Learning & Development Specialist II

Catalyst for change as CDW grew. Focused on enhancing leadership and coworker skills.

1988 – 2004 Abbott Laboratories Abbott Park, IL

02/03 – 04/04, Sr. Learning Specialist, Quality Assurance, Hospital Products Division

04/99 – 02/03, Sr. Learning Specialist, Sales, Marketing and Field Service, Diagnostic Division

04/97 – 4/99, Training Specialist, HealthSystems Division

03/88 – 04/97, Catering/Training Manager, Corporate Human Resources Division

Education

- 12/14 DePaul University, Chicago, IL
M.A. in Applied Professional Studies
- 12/14 Boise State University, Boise, ID
Graduate Certificate: Organizational Performance and Workplace Learning
- 1/03 Corporate Coach, Carefree, AZ Corporate
Coach Certificate
- 8/95 Concordia University, Riverforest, IL
Bachelor of Business

Certifications & Facilitation Experience

- Leadership Development
- Career Development
- Communication and Team Skills
 - *Everything DiSC*
 - *Five Behaviors of Cohesive Team*
 - Myers-Brigg (*MBTI*™)
- Debriefing 360 feedback instruments
- *Hogan Assessment*™
- Meeting facilitation (online and in-person)
- Performance Management
 - Goal setting
 - Creating performance assessments
 - Creating development goals
- *Situational Leadership*™ (Ken Blanchard)
- *Six Seconds Certified EQ Assessor*
- *Strengths Finders*™ (Tom Rath)

Community Activities

- 2022 – Current, Land steward dedicated to leveraging experts to learn, implement, and teach others best practices for stormwater mitigation, protection of wetlands and how they can make a difference with native restoration within our community.
- 2021 – Current, Active member with Wisconsin Wetland Association.
- 2007 - 2020, Volunteer Activity Coordinator, Hawthorn Lakes Assisted Living Facility.
- 1997 - Current, Volunteer Environmental Educator, Lake County Forest Preserve District.
- 1995 – Current, Member of Wild Ones® - Promoting native landscapes through education, advocacy, and collaborative action.
 - 1996-1998, Chapter President
 - 2024, Wrote article published in the National Wild Ones Journal, Fall 2024. Vol. 37, No. 3. Readership of 10,000 people.