

Mary Jouppi, LPC
Counselor III at Lake County Health Department
Greater Chicago Area Hospital & Health Care

Experience

President

NAMI of Lake County

February 2014 – Present (2 years 10 months)

Counselor III

Lake County Health Department

May 1994 – January 2016 (21 years 9 months) Waukegan, Illinois

Gather medical information for providers - intervention services to adolescents and adults using individual counseling in a Primary Care clinic setting serving approximately 60% Hispanic females. Focus on whole health - physical and emotional - outcome vs. process focused counseling using Motivational Interviewing.

Areas of specialty include healthy relationships, HIV testing and counseling, domestic violence, sexual assault, teenage pregnancy, post partum depression, female/male preconceptual health and adoption. Group and community presentations to adults and students covering various health topics.

Organized and coordinated Post Partum Depression workshop for community (11/2013).

Postpartum Support Group Leader

Training (6/2013) and member of

Postpartum Support International.

Responsible for creating educational materials which are used by staff as teaching tools for patients.

Teen Pregnancy Prevention Task Force for Lake County (2011-2015)

FEMA - certification

NAMI Lake County Board President

(National Alliance on Mental Illness)

-Family to Family Teacher (7/2014)

-Family Support Group Leader

-General Education Co-Leader

Education

National-Louis University

M.S. in Human Services, Counseling

2000 – 2002

Internship: Lake County Health Dept. - Substance Abuse Program. Facilitating drug free groups and intensive outpatient groups. Client caseload: court mandated and self-referred substance abusers/Methadone maintenance clients. Performed clinical assessments of new clients using DSM-IV, prepared treatment plans, group presentations and discharges.

Viterbo College

BA, Social Work, minor Sociology

1973 – 1977

Internship: Department of Children and Family Services (Protected Services for Children)

-Crisis Phone

-Group Home for Adolescents

Organizations

-Past board member of Spanish focused Domestic Violence Shelter, Waukegan; Policy Council representative-Early Head Start, Waukegan; past volunteer PADS homeless shelter, soup kitchen; Girl Scout and Boy Scout leader, Iceless Hockey Coach, Lake County United - Charter School focus. Current board member of National Alliance for Mentally Ill (NAMI) of Lake County - Family to Family Support group leader and General Education meeting coordinator - Member of Illinois Counseling Association and Post Partum Support International. - Pet Partner-Therapy Certification since 2012 and Intermountain Therapy Animals - R.E.A.D. certification - Past and current coursework at Landmark Education - Self Expression and Leadership Program, Introduction to Leaders Program, Team I, Communication Courses and various seminars.