

Rachel Loberg DNP, RN, FNP, NE-BC



EDUCATION

Doctor of Nursing Practice
Executive Leadership
Duke University, Durham, NC
2020
Summa cum Laude

Master of Science in Nursing
Family Nurse Practitioner
University of Wisconsin-
Milwaukee, Milwaukee, WI
1998
Summa cum Laude

**Bachelor of Science in
Nursing**
University of Pennsylvania,
Philadelphia, PA
1990
Magna cum Laude

EXPERTISE

Attention to detail
Team Leadership
Project Planning
Mentoring
Budgeting
Accountability
Improving Efficiency
Clinical Quality
Resource Management

PROFILE

A dynamic and transformational nursing leader with a strong record of success in achieving quality outcomes, high patient satisfaction scores and efficiency in operations. Reputation as a self-directed professional with superior problem-solving skills and innovative solutions. Leverages strong communication skills in challenging environments to achieve outstanding results while maintaining loyal relationships with colleagues, physicians, and team members.

PROFESSIONAL EXPERIENCE

VICE PRESIDENT/CHIEF NURSING OFFICER *2021 – Present*
Advocate Aurora Health-Advocate Condell Medical Center, Libertyville, IL

Oversees nursing practice in a 257-bed Level 1 Trauma Center.

- Led nursing team to a second Magnet designation with 5 exemplars.
- Improved nursing retention by > 50% within 2 years.
- Developed and implemented new nursing protocols in collaboration with Quality and Infection Prevention which improved patient outcomes including >60% reduction in CAUTI and CLABSI.
- Provided guidance and mentorship to site-based Shared Governance chairs leading to enhanced nursing participation.
- Oversaw construction projects which increased ICU capacity to 32-beds and opened a new 34-bed medical unit.

DIRECTOR OF NURSING *2017 - 2021*
Advocate Aurora Health-Aurora St. Luke's Medical Center, Milwaukee, WI

Oversight of critical care units and various medical surgical units with a roll-up of over 800 team members and a **\$12.1 million contribution margin**. Played key role in the development of an operational budget for inpatient nursing for the past 3 years.

- Tier 1 Engagement as a Nursing Director. Leader with proven mentorship expertise. Mentored patient care manager through unit transformation which led to Tier 1 team member engagement, top level patient experience, strong financial performance, and manager promotion.
- Created Critical Staffing Bonus Program to fill staffing gaps and eliminate travelers within inpatient nursing.
- Implemented the ABCDEF bundle in two ICUs which reduced ventilator days and ICU length of stay, as well as a reduction in mortality for sepsis patients.

NURSE PRACTITIONER *2014 - 2021*
Aurora Medical Group, Milwaukee, WI

Provide weekend coverage for the cardiac surgery service line. Perform physical assessment of patients in the pre- and post-operative phase of cardiac surgery. Order and interpret radiologic and laboratory studies.

- Collaborated to develop a comprehensive patient plan of care.

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LICENSES AND CERTIFICATIONS

ADVANCED PRACTICE NURSE PRESCRIBER

State of Wisconsin
#1541-033

REGISTERED NURSE

State of Wisconsin
#104975-030

NURSE EXECUTIVE CERTIFICATION

American Nurse
Credentialing Center
Expires 10/3/2025

FAMILY NURSE PRACTITIONER CERTIFICATION

American Nurse
Credentialing Center
Expires 11/30/2023

ADVANCED CARDIAC LIFE SUPPORT

BASIC CARDIAC LIFE SUPPORT

PROFESSIONAL EXPERIENCE *continued*

PATIENT CARE MANAGER

2013 - 2017

Aurora St. Luke's Medical Center, Milwaukee, WI

Managed daily operation of a 30 bed Cardiovascular Intensive Care Unit.

Maintained budget for department with \$1.4 million contribution margin.

Developed a culture of excellence in patient care which helped lead to a 3 Star

Rating for Coronary Artery Bypass Graft surgery.

- Led department to top quartile patient experience scores within one year.
- Collaborated to develop an algorithm for the use of the Turn and Position device which helped reduce unit acquired pressure injuries.
- Nominated to Nurse Coordinating Council and Nurse Management Council. Served as Chair of Nurse Management Council in 2016.
- Orchestrated project which improved post-op glucose control through creation of a new insulin algorithm and intermittent insulin administration based on carbohydrate consumption specific to cardiac surgery patients.
- Coordinated purchase and installation of safe lift equipment throughout the inpatient units in collaboration with the Safe Lift Coordinator.
- Reduced unit-based turnover rate from 50% to 15% within 12 months.

NURSE PRACTITIONER

2010 - 2013

Aurora Medical Group, Milwaukee, WI

Collaborated with internationally acclaimed cardiologist to open the Cardiac Specialty Center at Aurora St. Luke's Medical Center which focused on the care of patients with Hypertrophic Cardiomyopathy, Adult Congenital Heart Disease, Valvular Heart Disease, Marfan Syndrome and Aortic Disorders.

- Counseled patients on the risk of transmission of their congenital illness.
- Participated in market planning sessions and performed outreach to cardiologists and internists throughout Aurora Healthcare.

DIRECTOR OF INPATIENT CARE

2003 - 2010

The Wisconsin Heart Hospital, Wauwatosa, WI

Controlled daily operations of a 30-bed acuity adaptable model of care facility with oversight of inpatient and outpatient procedural areas. Managed \$4.5 million expense budget.

- Created a culture of top-level customer service which led to the Press Ganey Summit Award for reaching the top 5% patient experience scores.
- Produced a culture of performance excellence and improvement; exceeded STS benchmarks for mortality and infection; exceeded ACC benchmarks for vascular complications post-PCI.
- Designed and implemented a hospital-based 24/7 nurse practitioner program which collaborated with cardiologists, surgeons, and internists to provide care at a high level of excellence.
- Developed and implemented Phase I Cardiac Rehabilitation program.
- Directed the Provision of Care Chapter for the Joint Commission Readiness Team.

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PROFESSIONAL ACCOMPLISHMENTS

FIRESTARTER AWARD

Aurora Healthcare
2017

PATIENT CARE MANAGER EXCELLENCE AWARD

Aurora Healthcare
2017

SYSTEM MANAGER EXCELLENCE AWARD

Aurora Healthcare
2017

QUALITY ROUNDTABLE PRESENTATION AWARD

Aurora Healthcare
2017

NURSE OF THE YEAR NOMINEE

Milwaukee Journal Sentinel
2016-2019

FINDING A BETTER WAY AWARD

Aurora Healthcare
2015

QUALITY ROUNDTABLE POSTER AWARD

Aurora Healthcare
2013

PROFESSIONAL EXPERIENCE *continued*

NURSE PRACTITIONER

1995 - 2003

Cardiovascular Surgery Associates, Milwaukee, WI

Compiled patient medical data, including health history and physical examination.
Managed multiple chronic illnesses throughout the cardiac surgery continuum.
Coordinated research for three cardiac surgery studies.

REGISTERED NURSE

1990 - 1995

CVICU-Aurora St. Luke's Medical Center, Milwaukee, WI

PUBLICATIONS

Loberg, R., Smallheer, B. & Thompson, J. (2022). A quality improvement initiative to evaluate the effectiveness of the ABCDEF bundle on sepsis outcomes. *Critical Care Nursing Quarterly*, 45(1), 42-53.
<https://doi.org/10.1097/CNQ.0000000000000387>

Agarwal, A., Agarwal, A., Khandheria, B. K., Paterick, T. E., Bloomgarden, D., Loberg, R., Bush, M., & Tajik, A. J. (2013). Myocardial mechanics in noncontiguous HCM. *JACC. Cardiovascular Imaging*, 6(11), 1216-1218. <https://doi.org/10.1016/j.jcmg.2013.04.016>

Paterick, T. E., Humphries, J. A., Ammar, K. A., Jan, M. F., Loberg, R., Bush, M., Khandheria, B. K., & Tajik, A. J. (2013). Aortopathies: etiologies, genetics, differential diagnosis, prognosis and management. *The American Journal of Medicine*, 126(8), 670-678. <https://doi.org/10.1016/j.amjmed.2013.01.029>

POSTERS / PRESENTATIONS

Anushree, A., Khandheria, B., Paterick, T., Loberg, R. & Tajik, A. *Double Whammy: Left Ventricular Noncompaction Associated with Bicuspid Aortic Valve*. Poster Presentation at Wisconsin American College of Cardiology Conference, 2012.

Nfor, T., Bush, M., Loberg, R., Kleinman, L. & Tajik, A. *Contemporary Diagnosis of Discrete Subaortic Stenosis: A Single-Center Experience*. Poster Presentation at Wisconsin American College of Cardiology Conference, 2012.

Schmitz, L., Loberg, R., Bush, M., Dhala, A. & Tajik, A. *Spectrum of Congenitally Corrected Transposition of the Great Arteries in Adults*. Poster Presentation at Wisconsin American College of Cardiology Conference, 2012.

Luettggen, M., Loberg, R., Nelson, K., Sadowski, J., St. Clair, M., Kochanski, K. & Peters, P. *Use of Turn and Position (TAP) Device to Prevent Pressure Ulcers in ICU Cardiovascular Surgical Patients*. Poster Presentation at Aurora Quality Roundtable, 2013 and National Teaching Institute Conference, 2014.

Loberg, R., Aebly, F., Brogley, A., Cason, J., Thomas, C. & Trstena, D. *Combating Alarm Fatigue in the Cardiovascular Intensive Care Unit*. Poster Presentation at Aurora Quality Roundtable, 2017 and National Magnet Conference, 2018.

Loberg, R., Aebly, F., Brogley, A. & Cason, J. *Reducing Alarm Fatigue*. Presentation at Advocate Aurora Health Nursing Grand Rounds, 2018.

Loberg, R. *Women and Heart Disease*. Presentation at Rite Hite Corporation and Franklin Area Junior Women's Club, 2007
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