

Mary Faith Cashion Terkildsen, MD



Employment: Beyond Gyne Health, Gurnee, IL
Sexual Health and Menopause Specialist, January 2026 to present

Endeavor Health Medical Group, Evanston, IL
Department of Obstetrics and Gynecology
Attending Physician, October 2002-Jan 2026

Education: University of Michigan, Graduate School of Social Work, Ann Arbor MI
Certificate in Sex Counseling, April 2020

Tulane University School of Medicine, New Orleans, LA
Doctor of Medicine, May 1998

Tulane University, Newcomb College, New Orleans, LA
Bachelor of Science with Honors in Psychology,
Summa cum laude, May 1994

Postgraduate Training: McGaw Medical Center of Northwestern University, Chicago, IL
Resident, Obstetrics and Gynecology, 1998-2002
Administrative Chief Resident, 2001-2002

Certification: Board Certified in Obstetrics and Gynecology, June 2002 to present
Licensed Physician, State of Illinois #036-103018
AASECT-certified Sex Counselor, 2023 to present
ISSWSH Fellow, 2023 to present
The Menopause Society, MSCP, June 2025 to present

Faculty Appointments: University of Chicago, Pritzker School of Medicine, Chicago, IL
Clinical Instructor, Obstetrics and Gynecology 2009-2025

Northwestern University Medical School, Chicago IL
Clinical Instructor, Obstetrics and Gynecology 2002-2009

Hospital Staff Appointments: Endeavor Health System Hospitals, 2002 to present
(Evanston Hospital, Highland Park Hospital, Glenbrook Hospital)
Northwestern Memorial Lake Forest Hospital, January 2026 to present

Honors/Awards: Innovation Grant, Dept of OB/Gyn, NorthShore University HealthSystem, 2019
Chief Resident, Obstetrics and Gynecology, Northwestern University, 2001-2002
Augusta Webster Award for Scholarship and compassion in patient care, 2002
Dean's Merit Scholarship, Tulane University School of Medicine, 1994-1998
Balfour Graduate Fellowship, 1994

Publications:

Reina EM, Hellman KM, Kmeicik MJ, Terkildsen MF, Tu FF. Associations between menstrual pain and sexual function: the role of visceral hypersensitivity on developing sexual pain. *Journal of Sexual Medicine*: 22 (1), 98-106, 2025.

Terkildsen MF, Parilla BV, Kumar P, Grobman WA. Factors associated with success of emergent second trimester cerclage. *Obstetrics and Gynecology*: 101(3), 565-569, 2003.

Milad MP and Terkildsen MF. The spinal needle test effectively measures abdominal wall thickness before cannula placement at laparoscopy. *Journal of the American Association of Gynecologic Laparoscopists*: 9(4), 514-518, 2002.

Cashion MF, Banks WA, Bost KL, Kastin AJ. Transmission routes of HIV-1 gp120 from brain to lymphoid tissues. *Brain Research*: 20; 822, 26-33, 1999.

Cashion MF, Banks WA, Kastin AJ. Sequestration of centrally administered insulin by the brain: effects of starvation, aluminum, and TNF-alpha. *Hormones and Behavior*: 30(3), 280-286, 1996.

Hebert TJ, Cashion MF, Dohanich GP. The effect of hormonal treatment and history on scopolamine inhibition of lordosis. *Physiology and Behavior*: 56, 836-839, 1994.

Presentations:

Terkildsen MF, Parilla BV, Kumar P, Grobman WA. Factors associated with success of emergent second trimester cerclage. *Society for Maternal-Fetal Medicine*, January 2003.

Terkildsen MF, Milad MP. Use of the spinal needle test to estimate abdominal wall thickness at laparoscopy. *Global Congress of Gynecologic Endoscopy (American Association of Gynecologic Laparoscopists)*, November 2001.

Terkildsen MF, Milad MP. The "spinal needle test" for estimating the thickness of the umbilicus at laparoscopy. *The 50th annual meeting of the American College of Obstetricians and Gynecologists*, April 2001.

Cashion MF, Banks WA, Bost KL, Kastin AJ. Transmission routes of HIV-1 gp120 from brain to lymphoid tissues. National Institute of Mental Health, HIV and the Nervous System: Emerging Issues, April 1999.

Hebert TJ, Cashion MF, Dohanich GP. The effect of hormonal treatment and history on scopolamine inhibition of lordosis. Society for Neuroscience, May 1993.