

KRISTEN MITTL POLLINA, PSY.D.

CLINICAL PSYCHOLOGIST | Illinois License Number: 071-006208

Connections Day School

31410 North US Highway 45 | Libertyville, Illinois 60048



EDUCATION

September, 1995 to August, 1999 Illinois School of Professional Psychology: Chicago/Northwest Campus
Accredited by the American Psychological Association | Schaumburg, Illinois
Doctorate (Psy.D.) & Master of Arts (M.A.) Degrees in Clinical Psychology

August, 1991 to May, 1995 New England College
Henniker, New Hampshire
Bachelor of Arts Degree in Psychology (Minors in Philosophy & Women's Studies)

PROFESSIONAL EXPERIENCE

October, 2000 to Present **Connections Day School ~ Clinical Director & Director of Clinical Training**
Libertyville, Illinois

Connections Day School (CDS) is a privately-owned therapeutic day school serving children and adolescent ranging from 8-21 with significant behavioral, emotional and learning challenges.

POST-DOCTORAL FELLOWSHIP EXPERIENCE

October, 1999 to September, 2000 **Connections Day School**
Waukegan, Illinois

Connections Day School (CDS) is a privately-owned therapeutic day school serving children and adolescent ranging from 8-21 with significant behavioral, emotional and learning challenges.

DOCTORAL INTERNSHIP EXPERIENCE

September, 1998 to August, 1999 **Depke Juvenile Justice Complex: Hulse Detention Center**
Vernon Hills, Illinois

Hulse Detention Center is a locked, secure detention facility serving adolescents (10-16 years), from Lake and McHenry Counties. The residents at HDC are awaiting sentencing on various juvenile and adult criminal charges.

DOCTORAL EXTERNSHIP / PRACTICUM EXPERIENCES

Psychotherapeutic Externship:

September, 1997 to **Family Stress Clinic**
June, 1998 Libertyville, Illinois

Family Stress Clinic is a privately owned psychotherapeutic practice serving children, adolescents and adults suffering from acute and chronic mental illnesses and/or adjustment difficulties.

Addition to Psychotherapeutic Externship:

January 25th, 1998 to **The Attachment Center**
February 8th, 1998 Evergreen, Colorado

The Attachment Center (TAC) is an organization that specializes in the treatment of children with Reactive Attachment Disorder of Infancy & Early Childhood (RAD). Spent two weeks at TAC with a family whose 9-year-old daughter has RAD. Received training in TAC's treatment approach, and then served as the child's hometown therapist, providing weekly in-home sessions, through December of 2000.

Psychodiagnostic Externship:

September, 1996 to **St. Therese Medical Center: Behavioral Medicine Unit**
June, 1997 Waukegan, Illinois

St. Therese's Behavioral Medicine Unit is a private, locked, in-patient psychiatric facility serving children, adolescents, and adults suffering from acute and chronic mental illnesses and/or adjustment difficulties.

UNDERGRADUATE INTERNSHIP EXPERIENCES

August, 1994 to **Anna Philbrook Psychiatric Hospital for Children & Adolescents**
May, 1995 Concord, New Hampshire

APPH is the child and adolescent psychiatric hospital located on the campus of the New Hampshire State Psychiatric Hospital. It is a locked, in-patient, psychiatric facility serving children and adolescents ages 6-17 years of age.

August, 1993 to **The Rape & Domestic Violence Crisis Center**
May, 1994 Concord, New Hampshire

RDVCC is a crisis hotline and shelter serving the women and their children within Concord and its surrounding communities.

COMMUNITY / VOLUNTEER EXPERIENCES

October, 2010 to **Therapy Dogs International**
Present Flanders, New Jersey (headquarters)

TDI has evaluated and approved my three dogs (Lucy, Lola & Buddy) and I to provide Therapy Dog service to the community. The dogs often accompany me to my work at Connections Day School and provide supportive intervention for the Students, their Families, and Staff.

May to August **A Safe Place: Domestic Violence Shelter**
1992, 1993, 1994, 1995 Waukegan, Illinois

A Safe Place DV Shelter is a community organization serving the northern suburbs of Chicago.

May to August **Connection Crisis Hotline**
1992, 1993, 1994, 1995 Libertyville, Illinois

Connection Crisis Hotline is a community organization serving the northern suburbs of Chicago.

TEACHING EXPERIENCE

October, 2000 to **Instructor for PSYC391 ~ Child & Adolescent Psychology | Columbia College**
December, 2000 Park City, Illinois

Spring Term: 1998 PP466 ~ Personality Assessment II: Rorschach | ISPP-C/N.C.
Teaching Assistant for Instructor: Pamela A. Gruenhut, Ph.D.

Winter Term: 1998 PP465 ~ Personality Assessment I: Objectives/Projectives | ISPP-C/N.C.
Teaching Assistant for Instructor: Pamela A. Gruenhut, Ph.D.

Fall Term: 1997 PP457 ~ Personality Assessment III: Battery | ISPP-C/N.C.
Teaching Assistant for Instructor: Pamela A. Gruenhut, Ph.D.

DISSERTATION

April, 1998 to Pollina, Kristen Mittl. (1999). The Symptoms, Diagnosis, Etiology &
March, 1999 Treatment of Reactive Attachment Disorder of Infancy & Early Childhood.

Robert F. Eme, Ph.D., A.B.P.P.: Chair | Barbara J. Kelly, Psy.D.: Reader
Illinois School of Professional Psychology: Chicago/Northwest Campus

HONORS & PROFESSIONAL AFFILIATIONS

- APPIC Mentor Program – Mentor for training sites seeking APPIC Membership since 2016
- APA Federal Education Advocacy Grassroots Network – Training Representative since 2006
- Marquis' Who's Who of American Women – Member since 2005
- National Register's Who's Who in Executives & Professionals – Member since 2005
- Psi Chi National Honors Society – Member since 1995
- American Psychological Association – Member since 1995
- Who's Who Among Students in American Universities & Colleges – Member since 1995
- Graduated Summa Cum Laude, New England College, 1995
- Most Outstanding Student in the Department of Psychology, New England College, 1995
- President's Academic Scholarship, New England College, 1992-1995
- Red & Blue Honors Society, New England College, 1992-1995

REFERENCES

Contact Information for References and Written References can be made available upon request.