

Media Placement Highlights

April 2026

Notable media placements:

Daily Herald

“Rooted in service: Volunteers help Lake County Forest Preserves thrive” – April 27, 2026

<https://www.dailyherald.com/20260427/lifestyle/rooted-in-service-volunteers-help-lake-county-forest-preserves-thrive/>

- April is Volunteer Month, but in Lake County’s forest preserves, the contributions of volunteers are visible year-round.
- Lake County Health Department Environmental Health Practitioner in Training Mat Sullivan first volunteered in high school finding he had an interest in ecological restoration.
- Sullivan was an intern at the Health Department about six years ago where he was assigned to Slough Lake at Duck Farm Forest Preserve in Lake Villa. At the time, the lake was struggling, overrun by invasive carp.
- Working with the Health Department, Sullivan helped monitor conditions as the fish were removed. A change happened quickly in the area with clearer water and a healthier overall habitat.
- Now working full time with the Health Department, Sullivan is a site steward at Duck Farm and continues to work to improve the lake’s water quality while also helping lead others during restoration workdays.
- Sullivan said, “The work is rewarding, especially watching the landscape come back to life. Pollinators are now showing up. I was amazed at how quickly native plants, insects, birds and animals began to rebound. The difference is night and day.”

“Waukegan Park District Announces 2026 GO WAUKEGAN Community Walks” – April 8, 2026

<https://www.dailyherald.com/20260408/submitted-content/waukegan-park-district-announces-2026-go-waukegan-community-walks/>

- In partnership with the Lake County Health Department, the Waukegan Park District launched GO WAUKEGAN, an initiative to improve the health and wellness of residents through activities, education, and collaboration with an emphasis on outdoor enrichment.
- Each walk throughout the year will have a unique theme and is free to attend.

Total Media Placements

April 1 – April 30, 2026

Press Releases Sent	0
Press Release Placements	0
Other Articles Mentioning/Quoting LCHD/CHC	2